

David Myers, M.D.

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r. David Myers is passionate about helping people look good, feel great and "love the skin they're in."

Dr. Myers is a board-certified dermatologist. His expertise includes all aspects of skin, hair and nail disorders.

He treats general dermatology issues in children, teens and adults. These include acne, warts, rashes and moles.

"A huge perk of treating these issues is often improved self-confidence and quality of life," Dr. Myers says.

While patients think of Dr. Myers — and other dermatologists — for these types of services, too often he sees patients seek advanced cosmetic skin treatments from less-qualified sources.

As a general summary, Botox relaxes wrinkles while fillers restore contour.

"Our understanding of how the face changes as we age has evolved," he says. "Loss of underlying facial tissue such as fat, muscle and even bone, leave once great-fitting skin with less underlying structure. This causes wrinkles and sagging."

Dr. Myers educates patients on the subtle

benefits of these cosmetic procedures, dispelling myths about what they do and how they look.

"If I can get people over thinking fillers equal big blubbery lips, then they can see how treating bags under the eyes or sagging cheeks could look," he says. "Maybe those lips look good in Miami, but that is less in vogue in the Rockies."

Dr. Myers uses a combination of filling agents like Juvederm, Sculptra, Voluma or Restylane with other treatments like Botox, chemical peels and laser treatments for complete facial rejuvenation.

"I don't want people to look younger than their age, just look the best they can for their age," he says. "That resonates with most patients."

His extensive experience with underlying anatomy is critical in safe and proper placement of fillers for a "natural" symmetric appearance.

As, a dermatological surgeon, Dr. Myers has specialized training in treating skin cancer including Mohs surgery.

He and his staff utilize the latest in laser



treatment. This spans from photo facials to ablative fractional CO2 lasers.

His friendly and open demeanor puts patients at ease. Where quality matters, he helps patients get the optimal medications, procedures and tests for their skin

Dr. Myers opened his office — Utah Valley Dermatology — near the Lehi Roller Mills in the summer of 2012. He also has satellite locations in Provo and Lindon.

He grew up in Utah Valley before graduating from BYU. He finished medical school at the Medical College of Wisconsin and then completed dermatology residency at the Marshfield Clinic in Wisconsin and the University of Wisconsin-Madison.

COSMETIC TIP

The mainstay of facial skin care is sun protection (sunscreen, hats, avoiding tanning) and topical Vitamin A (Retin-a, Retinol). These slow and lessen fine wrinkles and other sun spots.